

NHS Direct Launch New Credit Crunch Helpline

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NHS Direct have been commissioned by the Department of Health to provide the public with a dedicated national helpline and signposting service to assist them in getting the support they need.

It's called the NHS Credit Crunch Stressline and is available on 0300 123 2000 (open 8am to 10pm 7 days a week). The service went live on Wednesday, 15 July 2009.

The credit crunch hits people in lots of different ways. Job insecurity, redundancy, debt and money problems can all cause feelings of distress.

However, people will be able to call the NHS Credit Crunch Stressline to speak to trained health advisors who can help. They'll offer practical advice or point people to just the right service.

Access the leaflet [here](#).

Toynbee Hall ID Guide

The Toynbee Hall ID Guide gives background information, help, advice and guidance to anyone who regularly checks ID or helps others with ID related issues.

The guide can be found [here](#)